

African Powerlifting Federation

Record Certificate

This is to certify that

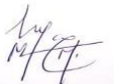
Gerhardus Oosthuizen

Of the nation

South Africa

On the 2nd day of October 2019
achieved a Bench Press of 180kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -120kg weight division, Classic Master 2 Bench Press only class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ahmed Al Darwge

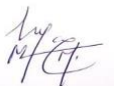
Of the nation

Libya

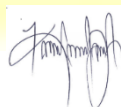
On the 5th day of October 2019
achieved a Deadlift of 260kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -66kg weight division, Classic Men's Open class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



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APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Mohammed Sahad

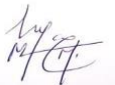
Of the nation

Algeria

On the 5th day of October 2019
achieved a Squat of 310kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -105kg weight division, Classic Men's Open class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Hussein Mohamed Fidan

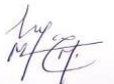
Of the nation

Libya

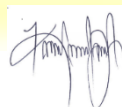
On the 5th day of October 2019
achieved a Deadlift of 335kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -120kg weight division, Classic Men's Open class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



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African Powerlifting Federation

Record Certificate

This is to certify that

Ilyes Boughalem

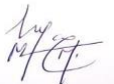
Of the nation

Algeria

On the 5th day of October 2019
achieved a Bench Press of 291kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the 120+kg weight division, Classic Men's Open class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

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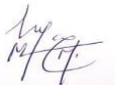
Ilyes Boughalem

Of the nation

Algeria

On the 5th day of October 2019
achieved a Bench Press of 291kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the 120+kg weight division, Classic Open Bench Press only class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ilyes Boughalem

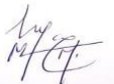
Of the nation

Algeria

On the 5th day of October 2019
achieved a Total of 938.5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the 120+kg weight division, Classic Men's Open class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



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APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Hicham Bencheikh

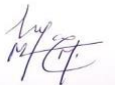
Of the nation

Algeria

On the 5th day of October 2019
achieved a Squat of 190kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -74kg weight division, Classic Men's Sub-Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Hicham Bencheikh

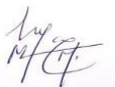
Of the nation

Algeria

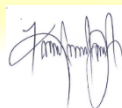
On the 5th day of October 2019
achieved a Deadlift of 219kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -74kg weight division, Classic Men's Sub-Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Hicham Bencheikh

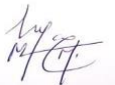
Of the nation

Algeria

On the 5th day of October 2019
achieved a Total of 511.5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -74kg weight division, Classic Men's Sub-Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Ferdjoukh

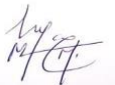
Of the nation

Algeria

On the 5th day of October 2019
achieved a Deadlift of 250kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -83kg weight division, Classic Men's Sub-Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Saeid M Al Hasi

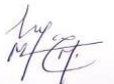
Of the nation

Libya

On the 5th day of October 2019
achieved a Squat of 235kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -93kg weight division, Classic Men's Sub-Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

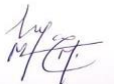
Saeid M Al Hasi

Of the nation

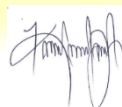
Libya

On the 5th day of October 2019
achieved a Deadlift of 291kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -93kg weight division, Classic Men's Sub-Junior class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Saeid M Al Hasi

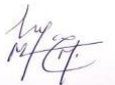
Of the nation

Libya

On the 5th day of October 2019
achieved a Total of 666kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -93kg weight division, Classic Men's Sub-Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



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APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Saeid M Al Hasi

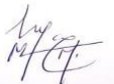
Of the nation

Libya

On the 5th day of October 2019
achieved a Deadlift of 291kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -93kg weight division, Classic Men's Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Abdullah Abou Dabous

Of the nation

Libya

On the 5th day of October 2019
achieved a Deadlift of 261kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -105kg weight division, Classic Men's Sub-Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



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APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Brandon Samuels

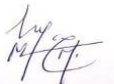
Of the nation

South Africa

On the 5th day of October 2019
achieved a Deadlift of 252.5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -66kg weight division, Classic Men's Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Bendjedou Lamine

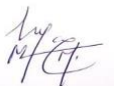
Of the nation

Algeria

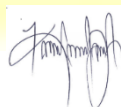
On the 5th day of October 2019
achieved a Deadlift of 270.5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -83kg weight division, Classic Men's Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Eslam Salem Merwas

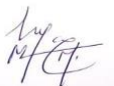
Of the nation

Libya

On the 5th day of October 2019
achieved a Deadlift of 325kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -120kg weight division, Classic Men's Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Eslam Salem Merwas

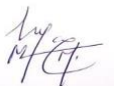
Of the nation

Libya

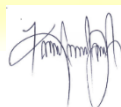
On the 5th day of October 2019
achieved a Total of 797.5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -120kg weight division, Classic Men's Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



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APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Mousa Abdulrahman

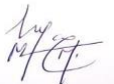
Of the nation

Libya

On the 5th day of October 2019
achieved a Deadlift of 330kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the 120+kg weight division, Classic Men's Junior class.

Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Mousa Abdulrahman

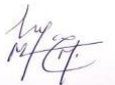
Of the nation

Libya

On the 5th day of October 2019
achieved a Total of 820kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the 120+kg weight division, Classic Men's Junior class.

Dated this 6th day of October 2019



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APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

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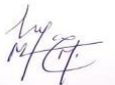
Alauldin Al Shaykhi

Of the nation

Libya

On the 5th day of October 2019
achieved a Deadlift of 360kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 1 class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

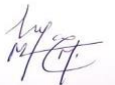
Alauldin Al Shaykhi

Of the nation

Libya

On the 5th day of October 2019
achieved a Total of 860kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 1 class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

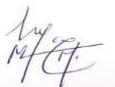
Yunus Hassen

Of the nation

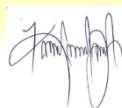
South Africa

On the 5th day of October 2019
achieved a Deadlift of 206kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -74kg weight division, Classic Men's Master 3 class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



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APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

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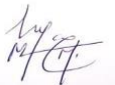
Safia Kouri

Of the nation

Algeria

On the 5th day of October 2019
achieved a Deadlift of 190kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 1 class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

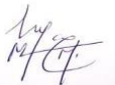
Safia Kouri

Of the nation

Algeria

On the 5th day of October 2019
achieved a Total of 420kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 1 class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Lana Kleynhans

Of the nation

South Africa

On the 5th day of October 2019
achieved a Deadlift of 156kg in accordance
with the rules of the
International Powerlifting Federation
at the 2019 African Powerlifting and Bench Press Championships
in Potchefstroom, South Africa

This constitutes an African Record
in the -72kg weight division, Classic Women's Master 2 class.
Dated this 6th day of October 2019



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

